

Interview 1

根据下图，与外教进行交流。本环节无现场备赛。分值：10分 用时：5分钟

OSHA HAZWOPER TRAINING

Who Needs What Kind and How to Know?

40hr Courses can be taken online

or in person

40HR COURSE

- Minimum of 40 hours of instruction
- Minimum of 3 days field experience under direct supervision of a trained and experienced supervisor

WHO NEEDS IT?
All employees or Supervisors **regularly engaged** in hazardous substance removal or other activities which expose or potentially expose workers to hazardous material.

All **on-site management and supervisors** directly responsible for supervising employees engaged in hazardous work operations.

FIELD 3 DAY

24hr Courses can be taken online

or in person

24HR COURSE

- Minimum of 24 hours of instruction
- Minimum of 1 day field experience under direct supervision of a trained and experienced supervisor

WHO NEEDS IT?
Workers who are only **occasionally on site** for a specific and limited task and who are unlikely to be exposed over Permissible Exposure Limits (PEL's)

FIELD 1 DAY

8hr Courses can be taken online

or in person

8HR REFRESHER COURSE

- Minimum of 8 hours of refresher instruction

WHO NEEDS IT?
All personnel who have **completed** the 24 hour or the 40 hour courses in the past year.

FIELD 0 DAY

8hr Courses can be taken online

or in person

8HR 1ST RESPONDER COURSE

- Minimum of 8 hours of first responder training

WHO NEEDS IT?
All employees who may potentially be **"first responders"** to a hazardous materials incident. There are four categories including First Responder Awareness Level, First Responder Operations Level, Hazardous Materials Technicians, and Hazardous Materials Specialists.

FIELD 0 DAY

Interview 2

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VOLUNTEER your time

and help hardworking families SAVE MONEY!



Help by providing FREE tax preparation services to middle and low-income households and make a difference in our community!

- FREE training to become an IRS-certified tax preparer, or CASH-certified coach or greeter.
- No prior tax preparation experience is needed.
- Volunteers are needed between January and April 15, 2022

WHY YOU SHOULD VOLUNTEER AS A TAX PREPARER

Learn a valuable skill and build your resume!

No previous tax experience necessary. Free comprehensive training is provided to become IRS certified in tax preparation. Earn at least 5 hours minimum volunteer time during tax season. This is a great opportunity to share a skill and build your resume, all while making a difference in someone's life and impacting your community!

Help families keep more of what they earn and boost the economy!

More than 160 federal returns were filed by our volunteers last year saving each filer on average \$200 in tax preparation fees. Help people learn about local programs that can help them increase their income, reduce debt, build savings and achieve financial stability.

WE NEED YOU! SIGN UP TODAY!

Schedule of trainings

Orientation & Information:
Tuesday, December 1, 2021 • 4:00 - 6:00 pm • Thomas College
For any and all people interested in finding out about participating as a tax preparer, greeter, intake person, and resource guides. Held in room AL-136.

Training Sessions:
Saturday, January 23, 2022 and Saturday, January 30, 2022 • 8:30 am - 1:00 pm • Thomas College
Training will be held in the Alford Academic Center and room AL-204 computer lab.

CONTACT THE CENTRAL MAINE CASH COALITION AT 207-873-7700
FOR MORE INFORMATION VISIT WWW.CASHMAINE.ORG

Interview 3

根据下图，与外教进行交流。本环节无现场备赛。分值：10分 用时：5分钟








Chinese Calligraphy Practising Workshop

For International Students and Beginners

You don't need to know any Chinese to begin



Chinese calligraphy offers a channel for the appreciation of traditional East Asian culture and aesthetics education. In the coming six sessions, participants will not only be able to learn basic Chinese calligraphy techniques in line strokes and different script forms but also to understand the meaning of selected Chinese characters from ancient Chinese classics and to locate library learning resources for self-discovery and self-development.

ALL ARE WELCOME! No experience is required. A calligraphy master has been invited to offer a professional demonstration. Writing materials (brush, ink and paper) will be also provided.

		Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Workshop A101	Monday 16:15-17:45	18 Feb 19	25 Feb 19	4 Mar 19	11 Mar 19	18 Mar 19	25 Mar 19
Workshop A102	Thursday 19:00-20:30	21 Feb 19	28 Feb 19	7 Mar 19	14 Mar 19	21 Mar 19	28 Mar 19

Venue for Workshop : User Education Room, Run Run Shaw Library

Medium : English

Instructor for Workshop A101 : Mr Chan Mong Bui, Honorary Chairman of Hong Kong Calligraphers Association
 Instructor for Workshop A102 : Ms Alice Ng, Calligraphantasy Culture Development Society

Registration Fee : HK\$100 (*Seats are limited! Successful applicants will be contacted by the Library for fee payment.*)

Online registration: **Through CRESDA in AIMS**
 AIMS > Student Services > Central Repository on Student Development Activities (CRESDA) System >
 Select Student Development Activities

Enquiry : 34426582 / lbpatch@cityu.edu.hk

Interview 4

根据下图，与外教进行交流。本环节无现场备赛。分值：10分 用时：5分钟



JOIN PALM SPRINGS CHAMBER OF COMMERCE FOR AN ADVENTURE

Sep 22 - 30, 2022

9-Day Package Rate For Only

\$2,099*

Beijing | Shanghai | Suzhou | Hangzhou

- Roundtrip international airfare & Chinese domestic airfare & tax
- 4-and 5-star hotel accommodations
- 3 meals each day
- Deluxe bus tours
- Fluent English-speaking tour guides
- Entrance fees for attractions

Plan now to join Palm Spring Chamber of Commerce trip with business leaders and friends for this once in a lifetime China Adventure.



TRIP REGISTRATION
760-325-1577
nwatson@pschamber.org
Visit Pschamber.org

TOUR OPERATOR
Citslinc International, Inc.
844-262-1100
citslinc@yahoo.com
Citslinc.org

Check in at LAX International Airport by 9 pm one night before, for an earlier morning flight.

Day 2 - Beijing

Arrive in Beijing, the Capital of China. You will be met at the airport by your tour guide and enjoy our tour package service.

Day 3 - Beijing

Visit the Tian An Men Square, the largest square in the world, and the Temple of Heaven, built in 1420 A.D., where the emperors prayed to the heavens for a good harvest.

Sightseeing today will continue with a tour of the Palace Museum, also known as the Forbidden City, home of 24 emperors with a total of 9,999 rooms, and the Summer Palace, featuring the Long Corridor with painted gallery, Kunming Lake and Longevity Hill, Seventeen Arch Bridge and the Marble Boat.

Day 4 - Beijing

Tour bus excursion to the Great Wall, the 4,000 mile long and 2,000 year old construction is said to be the only man-made structure visible by the naked eye from the moon. Visit the Ming Tombs. One of the 13 Ming Emperor's Tombs is fully excavated and open for exploration.

Day 5 - Beijing/Shanghai/Suzhou

Fly to Shanghai, followed by a bus trip to Suzhou for the Lingering Garden, Tiger Hill, Hanshan Temple and the National Embroidery Institute to

see silk embroidery, a local craft with thousands of years of history. Dinner this evening will include a show featuring traditional Chinese music.

Day 6 - Suzhou/Hangzhou

Morning tour bus excursion to Hangzhou for a visit to the Economic Development Zone and the centuries-old Lingyin Temple, featuring a 64.3 foot high camphor-wood carving of Buddha.

Day 7 - Hangzhou/Shanghai

Morning boat cruise on West Lake with relaxing stopover at jewel-like pagodas and tea houses. Afternoon tour bus trip to Shanghai.

Day 8 - Shanghai

Visit the Yu Garden, a maze of marvelous pavilions, ponds, rocky works and overarching trees. Also visit the Bund, Shanghai's famous waterfront park. Tour the Pudong Economic Development Zone.

Day 9 - Shanghai/Beijing/LAX

Morning connection flight via Beijing. The afternoon flight will depart by 1:30pm for LAX where you will arrive at 10:30am on the same day. Shuttle bus to Chamber.

An orientation meeting will be held
Tuesday, Sept. 20, 2022 5:30 - 7:00 pm
Renaissance Palm Springs Hotel
Palm Springs, CA 92262
Please call Chamber for more information
760-325-1577

* Price reflects Double occupancy. Add \$500 for single occupancy. Add \$6,000 to fly Business Class.
Add \$200 for Terra-Cotta Warriors itinerary. Includes everything mentioned on itinerary. Includes Tax & Post
Departure Travel insurance. Free Business Conference to Passengers who require.

Interview 5

根据下图，与外教进行交流。本环节无现场备赛。分值：10分 用时：5分钟



POWERED BY



PARENT WORKSHOP

Is your child experiencing emotional, behavioural, or mental health challenges? Are you unsure about how to help?



Whether it be anxiety, sadness, tantrums, anger, aggression, defiance, or a mental health disorder, parenting a child with emotional and behavioural challenges can be stressful and overwhelming



Boomerang Health is offering a three-part workshop to help parents learn how to coach their child through difficult emotions and teach their child the skills they need to feel better and make better choices in the future

Presented by Dr. Ashley Major, Clinical Psychologist

Based on the well-supported methods from *Emotion Focused Family Therapy* and the book *No-Drama Discipline*

This workshop will help parents:

- Develop a better understanding of why their child is exhibiting emotional and behavioural challenges
- Learn more effective and respectful discipline techniques that are based on connection and skill building rather than punishment and control
- Respond to their child's emotions and behaviour in a calm and loving way while still setting clear and consistent limits
- Teach their child how to self-regulate their emotions and behaviour so that they feel better, make better choices, and have healthy relationships in the future
- Improve their relationship with their child and feel more confident in their parenting



Dates and Time: October 2nd, 9th, and 16th from 7:00 – 8:30 pm
Cost: \$510 per family*

Contact Us To Register!
Boomerang Health powered by SickKids
9401 Jane Street, Suite 211
Vaughan, Ontario, L6A 4H7
(905) 553-3155
info@boomeranghealth.com

*Check with your insurance provider for coverage.

Presentation 1

描述图表，并阐述观点。本环节无现场备赛时间。

分值：10 分

用时：3 分钟

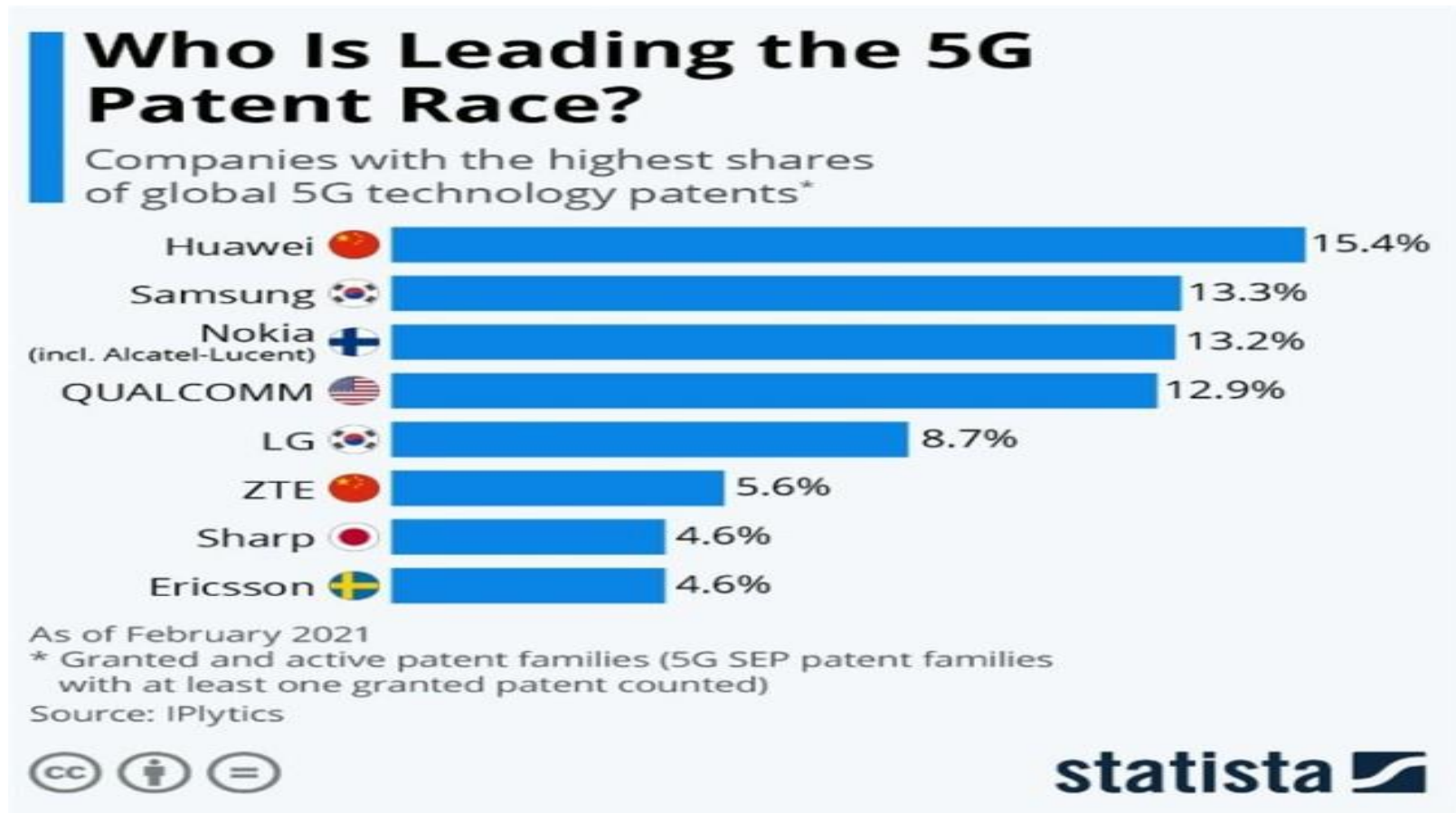


Presentation 2

描述图表，并阐述观点。本环节无现场备赛时间。

分值：10 分

用时：3 分钟



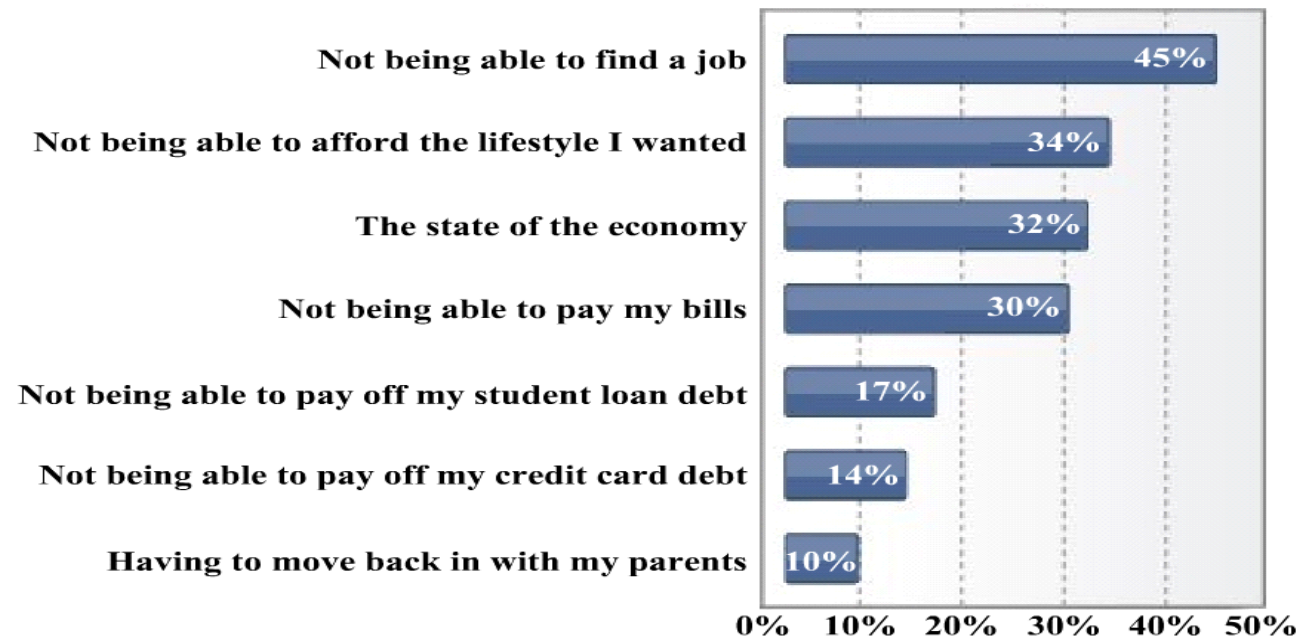
Presentation 3

描述图表，并阐述观点。本环节无现场备赛时间。

分值：10 分

用时：3 分钟

Biggest worries about life after college



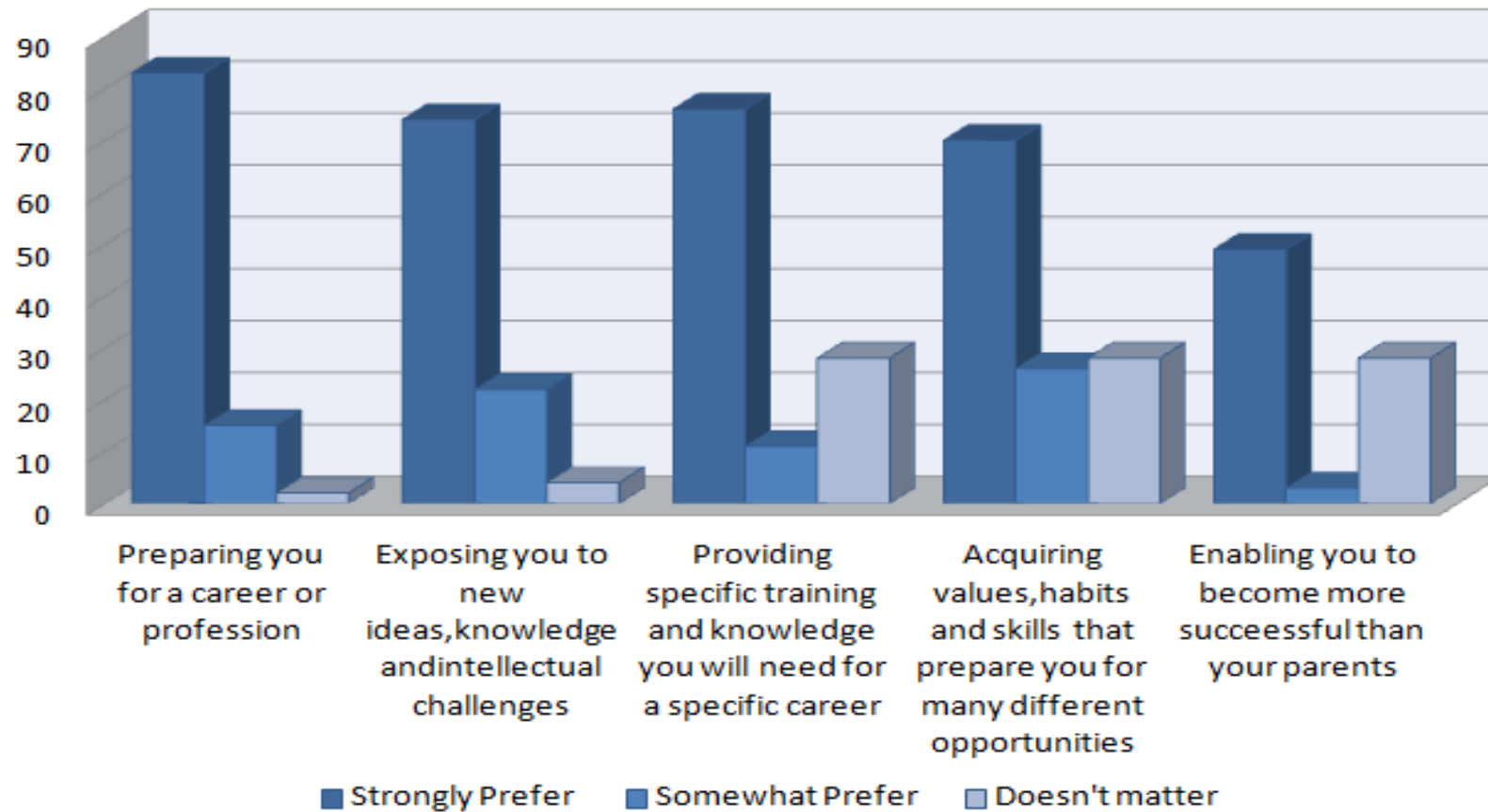
Presentation 4

描述图表，并阐述观点。本环节无现场备赛时间。

分值：10 分

用时：3 分钟

Student Preference on Purpose of College Education

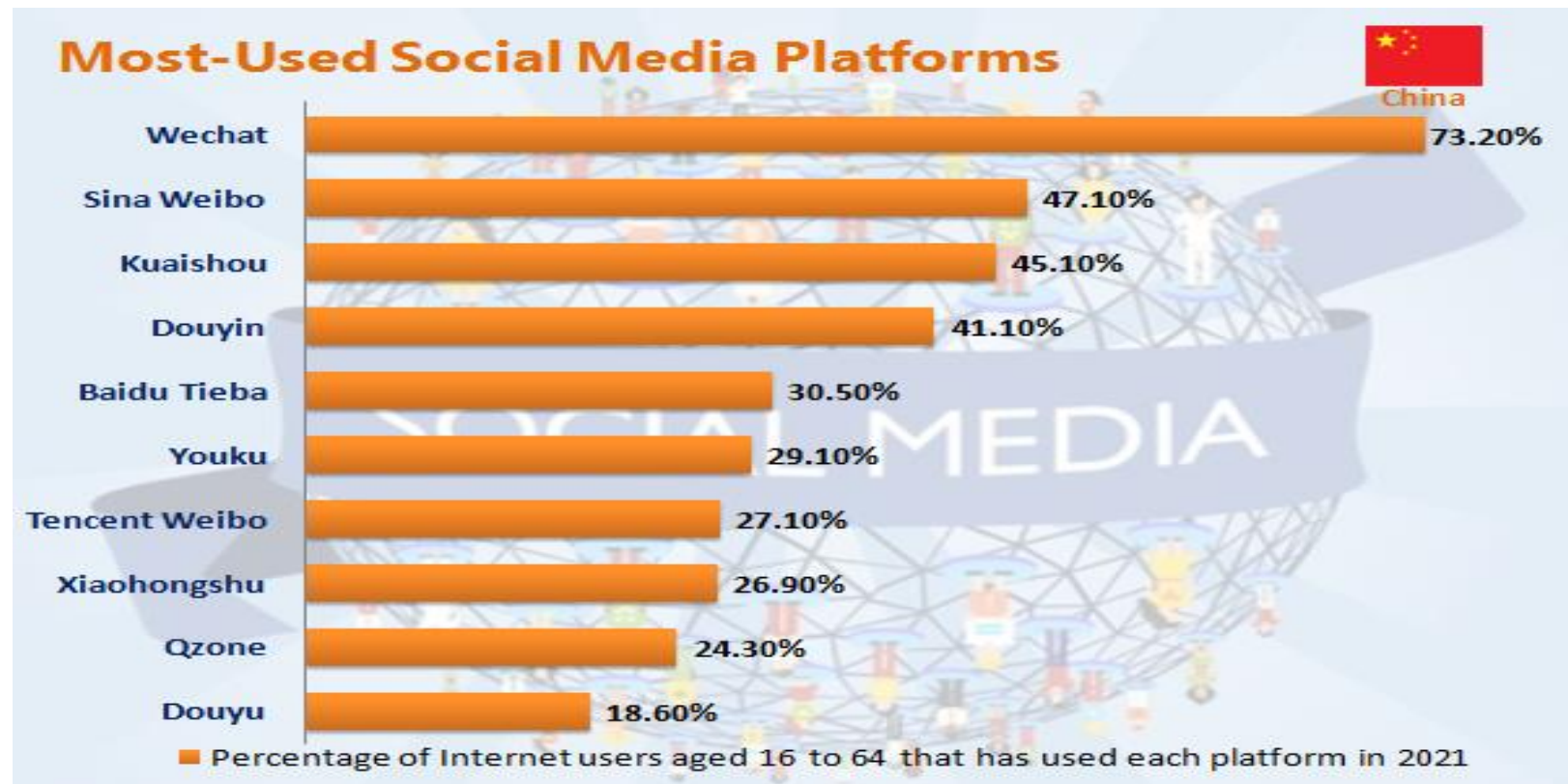


Presentation 5

描述图表，并阐述观点。本环节无现场备赛时间。

分值：10 分

用时：3 分钟



Debate 1

根据抽取的正反方，进行辩论。本环节现场备赛 10 分钟。 分值：10分 用时：3 分钟

Background: At its core, social media holds out the promise of connection. A key idea behind WeChat, Weibo and other platforms is that we can create rich networks of friends, receive frequent updates from people in our lives, and build a sense of community. However, in reality, the experience does not always live up to the hype. Despite this ever-present promise of community, many people feel isolated and lonely. Although people may have hundreds or even thousands of online “friends”, they may have few actual people in real life that they can rely on.

Our Question: Does social media make us feel closely connected or more isolated?

Pro: Social media makes people feel closely connected.

Con: Social media makes people feel more isolated.

Debate 2

根据抽取的正反方，进行辩论。本环节现场备赛 10 分钟。 分值：10分 用时：3 分钟

Background: Artificial Intelligence (AI) technology enables computers to hear, see and think. The development of voice and video recognition technology, together with the self-learning functions, has allowed AI to become so smart that it is involved in every aspect of our lives, from cashier-free supermarkets to self-driving cars. With all the hype of AI, some grow the fear that AI will take our jobs, invade our privacy or threaten our security.

Our Question: Will Artificial Intelligence bring more benefits or risks to our society?

Pro: Artificial Intelligence will bring more benefits to our society.

Con: Artificial Intelligence will bring more risks to our society.

Debate 3

根据抽取的正反方，进行辩论。本环节现场备赛 10 分钟。 分值：10分 用时：3 分钟

Background: In China, the concept of flexible employment is increasingly favored, particularly by younger people.

Fostered through robust development of the internet and technology, freelancers, who are self-employed and earn money on a per-job or per-task basis, usually for short-term work, credit its popularity for their flexible work schedule, work places and a better work-life balance.

Our Question: What do you prefer: working as a freelancer or having a full-time job?

Pro: I prefer to be a freelancer.

Con: I prefer to have a full-time job.

Debate 4

根据抽取的正反方，进行辩论。本环节现场备赛 10 分钟。 分值：10分 用时：3 分钟

Background: It is clear that a high salary and job satisfaction are high up in factors to consider when choosing a career. Some people feel satisfied with a high salary even when they do not like what they are doing, while others are happy doing what they are passionate about even if their monthly account balance isn't where they would want it to be.

Our Question: Which would you prioritize: high salary or job satisfaction?

Pro: High salary outweighs job satisfaction.

Con: Job satisfaction outweighs high salary.

Debate 5

根据抽取的正反方，进行辩论。本环节现场备赛 10 分钟。 分值：10分 用时：3 分钟

Background: A regulation released recently by the authorities in Jiangxi province, which bans college students from taking electronic devices such as mobile phones into classes, has stirred a heated discussion.

Our Question: Should mobile phones be banned from college classrooms?

Pro: Mobile phones should be banned from college classrooms.

Con: Mobile phones should not be banned from college classrooms.